

INSIDE

Overview: our new name	2
Leadership report	4
Children and youth programs	6
Adult programs	8
Together we build this house	10
Seniors programs	12
Community development	14
What we do	16
Our funders and donors	18

Annual Report 2013-14





NEIGHBOURHOOD HOUSE

Formerly St. Christopher House







Formerly St. Christopher Hous

MISSION STATEMENT

West Neighbourhood House has as its central purpose the enabling of lessadvantaged individuals, families and groups in the community to gain greater control over their lives and within their community.

GUIDING PRINCIPLES

West Neighbourhood House will work in partnership with the community to promote personal and social change in order to achieve a safe, healthy and accepting society for all. To this end, we will work with our resources and the strengths of the community to:

- build bridges within and across communities
- promote access to full participation in society by addressing barriers such as illiteracy, inadequate incomes, unaffordable housing, and discrimination of all types
- assist people to meet individual and family needs
- provide the tools and opportunities for people to control their own lives and to take on leadership in the community
- advocate for changes in social systems that will ensure dignity, quality of life, and equal opportunities for all.

STRATEGIC PRIORITIES

- Ensure our programming is communitycentred and values-driven,
- Integrate and collaborate with other organizations where appropriate,
- Sustain community work by making best use of current physical, financial, and human resources, and
- Improve how we connect and communicate with the communities we serve and the communities that support us.

ANNUAL REPORT CONTRIBUTORS

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Vince Pietropaolo (select photography) Jon Sturge (select photography)

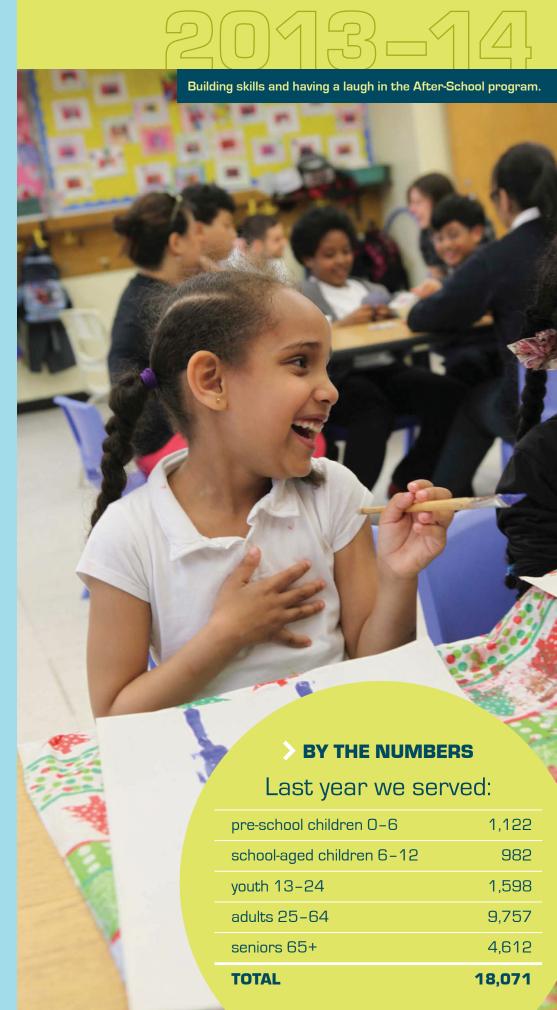
Kaleigh Wisman

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WriteDesign.ca (design)











Wii bowling - a popular way to stay active and have fun.

We are committed to welcoming and including new communities

relcome to the very first Annual Report under our new name, West Neighbourhood House. After nearly four years of consultations (and lots of discussion!) the volunteer Board of Directors and staff decided to change our operating name from St. Christopher House to West Neighbourhood House.

Being inclusive of all groups within our community has always been of central importance to the House. Over time, we recognized that the religious-sounding name of St. Christopher House was a barrier preventing some new groups in the community from connecting with us.

We know that this decision has an impact on those that have had the House as a part of their life over the years. In

recognition of the great reputation and legacy of the past, our signage and logo will include "Formerly St. Christopher House" for several more years and the legal name of the organization remains. We assure you that we will continue to be the same organization with the same commitment to the values and goal of enabling people in our community to thrive.

Listening and responding to our community

As we enter our second century of service under our new name, we are now, more than ever, looking to strengthen our commitment to members of our community by listening to their needs and improving our services. Throughout this Annual Report you will see this responsiveness in action.

We hope you will take part in the activities of the House this year—as a community member, participant, volunteer, donor, or maybe in multiple ways. You are always welcome at West Neighbourhood House—come on in!



leadership

We put communities first in our strategic planning

est Neighbourhood House is mid-way through our current Strategic Plan. Four Strategic Priorities guide the major decisions of the Board and staff.

Community-centred and valuesdriven programming

Many organizations and institutions in human services now identify themselves as "client-centred". The House also views our clients and program participants as individuals with unique strengths, gifts and needs and we respond with personalized attention and service.

In addition, however, the Strategic Planning process identified that the House simultaneously addresses the broader community context that affects the individuals we serve. As a "community-centred" organization, the House strives to see beyond the individual strengths and weaknesses of the people we serve so we can recognize and address systemic causes of poverty and social isolation (such as labour market conditions, inadequate income

security, failures in the education system, discrimination, etc.).

Over the past year, staff worked on defining and refining community-centred practices in each program and for the House overall. Our valued reference group of diverse program participants, the Community Advisory Group on Social Issues (CAGSI), continued to analyze emerging public policy issues and provided their perspectives and training to programs and the public.

In addition, the House engaged the consultant team of InWithForward to experiment with a new methodology for "co-designing" programs with the significant involvement of program participants, starting with a 4 week pilot in the Meeting Place program. These efforts will help ensure that the people we serve have the best possible

resources and supports to improve their lives and their community.

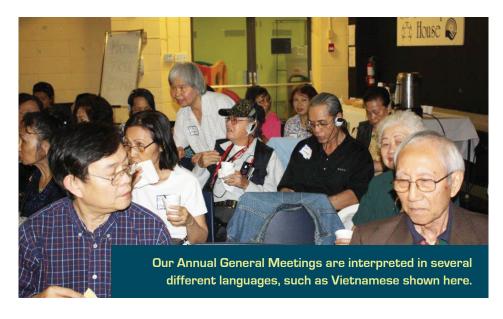
Integrate and collaborate with other organizations

West Neighbourhood House has remained very active in many networks (such as Toronto Neighbourhood Centres) and partnerships (such as with St. Stephen's Community House) in order to build a more coherent system of community services for people in need. The development of a coherent continuum of services for seniors in Toronto is well underway while much more work needs to be done to better coordinate programs and funding for other age groups such as children and youth.

Sustain community work by making best use of our resources

St. Christopher House values our considerable assets in human resources (staff, volunteers), donors, and facilities. Thanks to the Ontario Trillium Foundation, City of Toronto, and the Toronto Central Local Health Integrated Network, we have significantly upgraded our facilities, including extensive repairs to the stone and brick exterior of our historical building at Queen and Bathurst as well as renovations to the heavily-used showers and bathrooms of the Meeting Place

In addition, the Board's Finance and Audit Committee made steady improvements to the budget process and the Board's Fund Development Committee worked with fundraising expert Kim Klein to train Board and staff about grassroots fundraising.





BOARD OF DIRECTORS Left to right, back row: John Yip, Tamara Ferris, Matthew Regan, Emily Paradis, Shaida Addetia (staff), Odete Nascimento (staff), Lambrina Nikolaou (staff), Lynne Woolcott (staff). Front row: Earl Miller, Sandra Cruickshanks, Rona Abramovitch, Maureen Fair (staff), Reilly Latimer, Naki Osutei. Missing: Chander Chaddah, Elder Marques, Doug Roth, Ed Segalowitz, Dave Sohi (on leave)

Improve how we connect and communicate with community

This Strategic Priority has been a primary focus of the Board and staff, guided by the wisdom and experience of volunteers Prasad Rao (of The Multicultural Partnership) and Rupesh Vetha. Our work together culminated in a change to the operating name of the organization. In addition, the House has increased the number and variety of ways to connect with the community, including venturing into more social media and a new website (www.westnh. org).

We end by thanking the many important contributors to the House:

the donors, funders, volunteers, staff, Board members, and the diverse people who place their trust in our work. All these roles are valued and appreciated.

> Elder Marques – President Maureen Fair – Executive Director

Tribute to Elder Marques

The Board and staff thank Elder Marques (right) for his two years of volunteer service and selfless contributions as the Board President. We thank him for consistently providing wise advise, calm support, and a healthy sense of humour when needed.





childrem

We provide support and nurture success in children and youth

he variety of children and youth programs at the House support young people in our community from their very first social experiences at our pre-school drop-ins all the way to their first job.

Growing up in the House

Andre, a nine-year-old in our After-School program, has been coming to the House since he was in Grade 1. He says, "What I like about it here is after we are finished our homework, we get to do an activity which is a fun arts and craft or a word search or blocks."

Andre also comes to the Summer Camp and March Break Camps where he likes playing sports and going on trips. Many kids at the House are like Andre in that they participate in more than one program.

Andre says he used to get bullied, but with the support of an older child who had been in the After-school program before, the kids who bullied him have become his friends. Now that he is a bit older, he says he likes helping new kids feel comfortable when they first start in the After-School program.

For children and their families, the House becomes a second home, where caregivers know their children are being cared for and are being provided with the structure and the opportunities to grow and succeed.

Keeping music accessible

Over 250 people walk through the doors of the Music School every week, making it a bustling part of the House.

As one young participant says "As an 11-year-old child, I feel that [the House] is a great place to learn music. The teachers, they have are not too fun and not too strict, if you know what I

mean." Sounds like a good balance to us. The Music School provides local kids with a place to develop discipline, skill, and confidence: all important characteristics.



S Wouth

To ensure that everyone can participate, we provide sliding scale subsidies for the program fees. As one mother put it, "Despite my very limited financial circumstances as a single mother of four children, two of my children were also able to study voice and piano lessons at St. Chris. In a straightforward, open, yet delicate way, Sherry [the Music School Coordinator] always made it clear that my kids could participate in the Music School programs regardless of how much I was able to pay at any given time.

"I never felt like I was being offered 'charity' – rather, there was a recognition that there are times in our lives when we have more and times when we have less – and we were welcome to come as we were."

Newcomer Youth

The Newcomer Youth program located in Parkdale has served over 260 young people over the past year, providing them with after-school dropin activities including a sports club, indoor soccer, tutoring, silk-screening, and a visual and media arts program, all of which help to promote the integration of newcomer youth into Canadian society.

The participants in the Newcomer Youth program range from 13 to 24 years old. A majority of the youth are Tibetan, with other participants coming from India, Nepal, Sri Lanka, Hungary, Philippines, China, Vietnam and Ethiopia.

One of the projects that has evolved in the Newcomer Youth Program is the Leadership Design Project, a silk-screening initiative. The youth started to experiment with their own designs and began making T-shirts which they sold in their local high school and at street festivals, building some entrepreneurial skills and contributing to the sustainability of the project itself.



At the end of this year, many of the youth who started this initiative are moving on to university and are in the process of passing along their knowledge and skills to younger participants in the Newcomer Youth Program.

As several members of this group began to prepare themselves for university, they felt overwhelmed by the problem of financing their higher education. There didn't seem to be any resources in the community that addressed this particular issue, so they decided to create their own group.

With some staff support, this leadership group developed a workshop where they brought O'neil Edwards from Ryerson University's Spanning the Gaps – Access to Post-Secondary Education Program to talk to them about their options when it came to financing their next level of education.

We are proud to support the initiatives of youth in our community who aren't afraid to speak up and take action on issues they feel strongly about.



We help adults progress as workers, survivors, learners

aybe you are a newcomer to Canada and need help filling out immigration forms. Maybe you are getting your GED (General Education Development) so you can apply to college, or maybe you need to talk to someone in our Women Abuse program.

Many people find themselves at a point in their lives where they need some support to make a change and move forward. We offer programs to support people as they make decisions to change or heal their lives, whatever their situation may be.

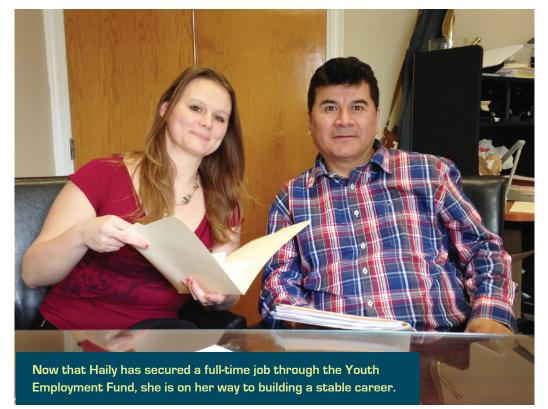
Helping young adults find work

If you are a young adult in Toronto right now, it can be incredibly difficult to find an entry-level job. Even young adults who hold university degrees are finding it challenging to find careerrelated work – especially secure work that is not a short-term contract or internship.

The Youth Employment Fund funded by Employment Ontario is one of the newer programs at the House that addresses this issue. Haily MacDonald, a participant in the Youth Employment Fund (YEF) program, shares her story:

"With a university degree and no funding ... getting meaningful employment seemed impossible. The YEF program allowed me to excel. They [staff] worked with me to craft my resume, obtain key resources which enabled me to attend interviews and finally [find] my employment position with confidence. I honestly did not think I could be gainfully employed after [trying for] eight solid months, sending out more than 150 resumes.

"Now I am working full-time as a legal assistant in my field. Through the course I was able to take I have made valuable contacts, and now have a part-time job after work which is allowing me to further advance my career. For the first time, in a very long time, I am proud of myself, and none of this would have been possible if it weren't for the YEF program, and the amazing workers at St. Christopher House."



Massive loss

In 2013, 25 Meeting Place members died over 12 months an unprecedented number. The majority of these individuals were under the age of 50 and had housing. While the causes of death were varied, most of the deceased had significant abuse and trauma in their lives and lived with addictions and/ or mental health issues. This is a disturbing trend that we are investigating in partnership with other agencies including Central Toronto Community Health Centres, St. Stephen's Community House, and Sistering.

As part of our response to try to understand and stop this high number of deaths, we brought in a small

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"co-design" consulting team called InWithForward. The InWithForward team observed and conversed with staff and a group of Meeting Place members. Combining ethnography, visual design and social psychology theories, this brief pilot project provided some "hunches" for us to consider.

For example, InWithForward identified an incredibly strong sense of belonging amongst members at the Meeting Place. This strong community often provides important mutual support to otherwise isolated people.

However, at the same time, a strong sense of belonging can keep people stuck and not making more positive changes in their lives (such as treatment for addictions). The observations from this pilot



Meeting Place programs such as the weekly Spirit Circle or yoga class allow members to find a quiet moment to relax and reflect. project are valuable perspectives that we are considering as we reflect on our programming and the additional steps we can take to support our members.

We hope to do more work with InWithForward to continue the use of their innovative methodology.



Together we build this

HOUSE BOARD

15 elected volunteers who guide our work





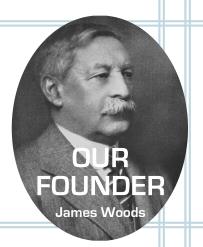
a diverse group of community members



DONORS

770 individuals, 18 foundation 42 corporations, local business and employee groups, 15 service clubs and associations





neighbourhood house





ICIPANTS

ers who are the heart of this House





FUNDERS

3 Federal 7 Provincial 2 Municipal



semiors pro



We help seniors to stay and flourish in our community

he more support we are able to provide through the House, the longer seniors in our community are able to live at home rather than prematurely entering a hospital or nursing home.

More time at the House = more time in the home

In order to improve the accessibility of our programs for people with moderate or advanced dementia or for people who are frail, the Toronto Local Health Integration Network (LHIN) introduced funding to extend our hours of operation. These Adult Day Programs are now open until 8 p.m. throughout the week, which allows us to provide more support for participants and much

needed respite for caregivers. One caregiver has commented "The hours work well. My Dad spends 6–7 hours with good people that make him feel comfortable."

Support for caregivers

As members of our community age and require more help at home, it is often family members who take on the role of a primary caregiver. This is a new and life-changing role – many of these

caregivers are caring for loved ones with physical and cognitive impairments without a great deal of support. This can be daunting.

The Reitman Centre at Mount Sinai Hospital has developed a program to address the needs of caregivers and is piloting the program at West Neighbourhood House. The program is called CARERS and it focuses on supporting those who are caring for loved ones with dementia at home. The program provides caregivers with practical skills and emotional support to better manage their day-to-day experiences as they provide care.

Odete Nascimento, Director of our Older Adult Centre, observed the

ANNUAL REPORT 2013-14

grams

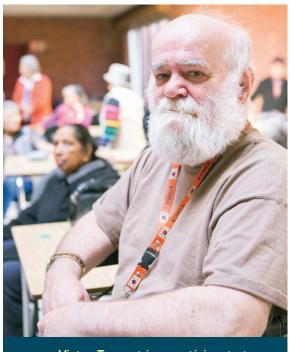
bonding that happens between the caregivers in this program. She says, "They look out for each other and worry about one another. They all come out of the meetings laughing and joking with one another. It is great to see the smiles on their faces."

We realize the tremendous amount of responsibility and stress on caregivers. It is important to support them so they feel better equipped to handle the demands of caring for a family member with dementia. When a caregiver feels capable and supported, they are more likely to continue providing care within the home. As one participant in the CARERS group said, "I'm doing this for the both of us."

Staying healthy

In addition to providing services to seniors who need assistance due to cognitive or physical impairments, we also offer programs to healthy, active seniors – promoting well-being into older age.

The Seniors Arts Studio provides a safe space for participants to



Victor Taggert is a participant at our Elderly Persons' Centre in Parkdale, where local residents gather to socialize.



collaborate and experiment with different artistic mediums such as linocuts and image transfers. One group member says, "The highlight for me so far was being part [of] the art showcase opening. It was a beautiful event to display the paintings we did with Jeni Di Carlo, a painter who volunteered

her time to teach us for eight consecutive weeks. That was a very good and self-assuring experience. We all felt very special at the opening, it was like a show in an art gallery. With live music, mock-tails and very nice appetizers, we felt like stars."

Other programs include Seniors Fitness, which is led by volunteer seniors for participant seniors. Programs like these not only improve the well-being of participants, they also get seniors involved in their community. Keeping seniors in our community physically active and socially engaged is a huge part of staying healthy and feeling connected.

New Wheels for Seniors

This past July, a brand-new wheelchair-accessible bus arrived at the House. It certainly wouldn't have happened without the hard work of people in our community. Amica Mature Lifestyles Inc. donated \$40,000 towards the purchase of a new bus on the condition that the House raised another \$40,000 to match their donation.

The Seniors Members' Council at West Neighbourhood House led the charge to raise funds to match Amica's generous offer (see photo above). They organized arts and crafts sales, lunch events and sold symbolic bus wheels for \$20 apiece and were able to reach their goal.

The fundraising work accomplished by the Seniors Members' Council and the generosity of Amica resulted in the new bus that has improved transportation to older adults living in southwest and central Toronto.



GOMMUMIGW

From community conversations to community change

hrough our 101 year history, the mission of the House compels us to respond to the social conditions that affect local residents. We understand the broader community through conversations that we convene with a variety of stakeholders. These conversations generate ideas, build common ground, and ignite action for both local initiatives and improved public policy.

Informal economy project

The Informal Economy project, funded by the George Cedric Metcalf Charitable Foundation, came about when our Community Financial Workers and income tax clinic volunteers reported increasing numbers of low-income adults who were working for cash "under the table" or who were

deemed (illegally) by their employers to be "self-employed". Research shows that this is a growing part of the labour market, particularly for young adults – even those with university educations.

The House created a multistakeholder project including academics, policy experts, community groups, as well as employers, workers and consumers in sectors where lowincome people work "under the table" or as "self-employed" workers.

The community interviewers met with over 100 employers and workers in local informal economy activities such as restaurants and bars, arts and entertainment, home renovations, etc.. We found different motivations amongst workers, consumers and employers in the informal economy as well as different levels of understanding about the long-term financial risks for the workers (e.g. not contributing to and therefore missing out on the Canada Pension Plan).

The second phase of the Informal Economy Project is now underway and will explore possible win-win



CONTROL ANNUAL REPORT 2013-14-5



Glenn Anderson, a drummer and community interviewer with the Informal Economy Project, says: "It quickly became apparent that each interviewee had a unique experience and perspective to share rather than the stereotypical image of those trying to earn a living within the arts."

solutions or improvements for workers, consumers, businesses and governments who are affected by the informal economy.

Indian Residential School Survivors' Group continues the healing journey

The Meeting Place program has organized and hosted a group of Survivors of Canada's residential schools. With our partner, Central Toronto Community Health Centre, our staff have put a variety of traditional, legal and other supports in place so that this group of Survivors of abuse can work together on their healing.

In this final year of Canada's Truth and Reconciliation Commission, the group members secured resources to become an independent group working with Aboriginal Elders and connecting to other Aboriginal communities such as the Six Nations Reserve. By sharing their culture and common experiences, these Survivors are moving forward to a more positive future.

Shrinking wage inequality

On street corners, in the media, at gatherings within the House or with family and friends, people are talking about the wage gap between the highest and the lowest paid earners. Our partnership with MASS LBP resulted in the establishment of the new Wagemark Foundation to widen the conversation on responsible wage practices.

Wagemark is a certification system for wage-responsible organizations to demonstrate their commitment to competitive and sustainable compensation. The House is proud to be a Wagemark-certified organization with

WAGEMARK

a top to bottom staff salary ratio of 4:1. Have a look at *www.wagemark.org* for more information.

Neighbourhood Change Project now across Canada

Several years ago, the House's questions about local gentrification led to our multi-year research partnership about neighbourhood change with University of Toronto and the Cities Centre team led by Professor David Hulchanski. The Neighbourhood Change project produced the now well-known reports on Toronto's "Three Cities" divided by inequality.

The project has now expanded into a national project with eight large Canadian cities and our national association, the Canadian Association of Neighbourhood Services (CANS). The House continues to be involved, particularly in trying to find ways to measure the impacts of multi-service neighbourhood centres on the collective well-being of a community. See www. neighbourhoodchange.ca for more information.



Ms. Deany Peters, a community worker in Regent Park for over 25 years, was given the Sir James Woods Award for Community Development in 2013 for her inspiring and authentic work championing for positive change in her community.



Pre-school children

- Growing Up Healthy Downtown: drop-in for families with preschoolers, workshops and special events
- Parkdale-High Park Early Years Centre: drop-in and structured activities for children and their caregivers

Parents

- Community Parents Outreach Project: for newcomer families with accompaniment and workshops
- Portuguese Fathers' Group: parent skill building, social activities
- > Parent Advisory Networks
- Parents for Action Now: advocacy on issues concerning parents

School-aged children

- After-School Programs: socialrecreational activities, homework support
- Winter, March Break and Summer Day Camps
- Parkdale After-School Tutoring Program
- Individual support to children who have experienced violence in the home
- Music School: individual lessons, recitals, concerts, children's choir and special events
- Music School After-School Opera Program

Youth

- Newcomer Youth Space: skill development, mentorships and special events
- > Youth After-School Tutoring

- > Youth Leadership Programs
- Toronto Youth Job Corps: life skills, pre-employment training and job placements
- Youth Employment Fund: supporting youth to access training and full-time paid work

Adults

- Space provided for Narcotics and Alcoholics Anonymous groups
- Woman Abuse Program: individual and group support
- Transitional support to women leaving abusive relationships
- Employment Preparation Program one-to-one employment support, skills development, career exploration, job search, job leads and connecting with employers
- Transitional support to women leaving abusive relationships

ANNUAL REPORT 2013-14

- Financial Advocacy and Problem Solving: individual case work on financial problems, workshops, income tax clinics, sector training, public education and policy development
- Immigrant and Refugee Services: settlement, volunteer tutoring and mentoring, workshops, outreach and support to homeless newcomers
- Adult Literacy: individual tutoring, groups and small classes
- Academic upgrading and preparation for post-secondary education
- General Educational Development (GED): preparation for high school equivalence certificate
- Computer Training and Internet
 Access: individual and group tutoring
 with volunteers, and workshops
- Meeting Place: basic needs (showers, laundry, telephones, computers), mental health and addictions case management, Aboriginal ceremonies and group supports, community kitchen, odd jobs, information and referrals to healthcare, legal services, housing
- Parkdale Meeting Place: evening social and recreational activities, information and referral to healthcare, legal services, housing
- Music School: individual lessons, recitals, adult choir, concerts and special events

Seniors and people with disabilities

- Client and Family Services: intake, assessment and case management, crisis intervention, caregiver support and counseling, income tax clinic and home visits
- Alzheimer and Frail Elderly Day Program, Enhanced Adult Day Program: supervised care in a group setting with multicultural activities and special events for frail individuals and those suffering from Alzheimer's Disease and cognitive impairments

- Home Support Services and Supportive Housing: homemaking, personal care and respite care for caregivers
- Assisted Living Services for High Risk Seniors and Supportive Housing: support with activities of daily living through homemaking, personal care and response to emergencies 24/7
- Visiting, Social and Safety program: regular monitoring and socializing in people's homes
- Meals on Wheels and Transportation: daily delivery of hot or frozen meals to homes and rides to appointments, shopping or social activities
- Congregate dining and health promotion
- Seniors Community Development: leadership development, Health Action Theatre for Seniors, Seniors Social Action Group
- Elderly Persons Centres at 248 Ossington Ave. and 20 Westlodge

- Ave.: social drop-in, fitness and recreational activities, Members' Council, self-help groups, volunteer team and social learning clubs
- Home at Last Program: facilitates seniors' safe return home upon discharge from hospital

All age groups

- Recruit, screen and match volunteers and students to programs and projects
- Informal Economy Project
- Neighbourhood Change Project
- Community Advisory Group On Social Issues
- > Annual planning and priority setting
- Public education and community consultations





funders

Our sincere thanks to our supporters

t. Christopher House appreciates the support of the following funders and donors in 2013–14. We also thank the 770 individuals who supported us financially this year.

Federal Government

Citizenship & Immigration Canada Human Resources & Social Development Public Health Agency of Canada

Provincial Government

Ministry of Children and Youth

Ministry of Citizenship & Immigration

- Citizenship & Immigration Division
- Seniors Secretariat

Ministry of Community & Social Services
Ministry of Health and Long-Term Care
Ministry of Tourism, Culture & Sport

Ministry of Training, Colleges & Universities

- > Employment Ontario
- Employment Ontario/ Skills
 Development Office

Toronto Central Local Integrated Health Network

City of Toronto

Children's Services Division

Shelter, Support & Housing Division

Social Development, Finance &

Administration Division

Toronto Employment and Social Services

Division

Toronto Arts Council

Foundations

United Way Toronto

Aqueduct Foundation

Aston Family Foundation

The Atkinson Foundation

CHUM Charitable Foundation

CIBC Community Investment Fund

The D.H. Gordon Foundation

 $The\,Henry\,White\,Kinnear\,Foundation$

The McLean Foundation

George Cedric Metcalf Charitable

Foundation

Harry A. Newman Memorial Foundation

Project Engagement

Rainbow Foundation

The Grace Rodwell-Muncaster Foundation

Steps Foundation Inc.

Toronto Community Foundation

- > Geoffrey B. Scott Memorial Fund
- Wilkinson Family Fund

The Toronto Star Fresh Air Fund
The Ontario Trillium Foundation

Corporations, Local Businesses & Employee Groups

Able Translations Ltd.

Bean There Ltd.

BMO Financial Group

Caldense Bakery

Canada Running Series Inc.

Canadian Tire Jumpstart Charities

Downtown Lumber and Building Supplies

Deloitte

Dufflet Pastries

Eno Teca Sociale

ERA Architects Ontario Power Generation

Field Wolfson Stover Financial

Fishbar

Gluskin Sheff + Associates Inc.

IC Savings

Imaginus Canada Limited

Intact Financial Corporation

Jar Creative

Lakeview Restaurant

Life Design Systems Insurance Agency

Limited Lush

McDonalds

McCarthy Tetrault

Minto Communities - Canada

The Mulitcultural Partnership

Employees & Pensioner's Charity Trust

Paula Bowley Architects Inc

Pizzeria Libretto

Platinum Unlimited Inc.

Public Interest Strategy & Communications

RBC

Roberts Gallery

Satov Consulting

Scotiabank

Shoppers Drug Mart

Starbucks

Stephen Bulger Gallery

Students of Givins/Shaw Jr. Public School

Subway

TD Bank Financial Group

TD Bank Group Telus Corporation

Tin Fu Market

Toronto Art Therapy Institute

Venezia Bakery

Service Clubs & Associations

CUPE Local #3393

Dress for Success

Innstead Co-Operative Inc.

 $Kids\,Up\,Front$

Needlework Guild of Toronto

Prosper Canada

Rotary Club of Parkdale – High Park

Raising the Roof

Ryerson University - G. Raymond Chang

School of Continuing Education

Second Harvest

St. Christopher House Alumni Fund

St. Christopher House Seniors' Fund/

Members' Council

Toronto Association of Neighbourhood

Services

United Way of Peel Region United Way of York Region

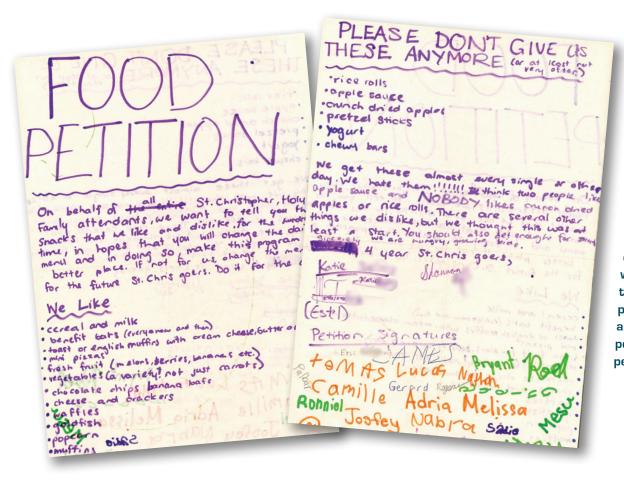
United Way/Centraide Canada

University of Toronto - Faculty of Social

Work

University of Toronto - Leaders of

Tomorrow - Graduates



The After-School program kids are not afraid to voice their opinion and offer constructive criticism regarding snacks. Whether it is about apple sauce or our new name, we are always open to hearing different points of view and appreciate when people share their perspectives with us.

OUR LOCATIONS



- > 248 Ossington Avenue 1
- Meeting Place and Administration588 Queen Street West
- > Parkdale Meeting Place1499 Queen Street West
- > Supportive Housing and Elderly Persons Centres
 20 West Lodge Ave. 4
 Springhurst Manor, 1447 King St. West 5
- > Parkdale Community Programs, Newcomer
- Youth Space
 - 1497 Queen St. West, #103 6
- > 1033 King Street West 🕡





Become a volunteer at West Neighbourhood House

We rely on over 1,400 volunteers to keep things running and we would love it if you could join us! If you are looking for an opportunity, call (416) 532-4828 ext. 105 or visit our website to see our current volunteer opportunities: www.westnh.org/volunteer

